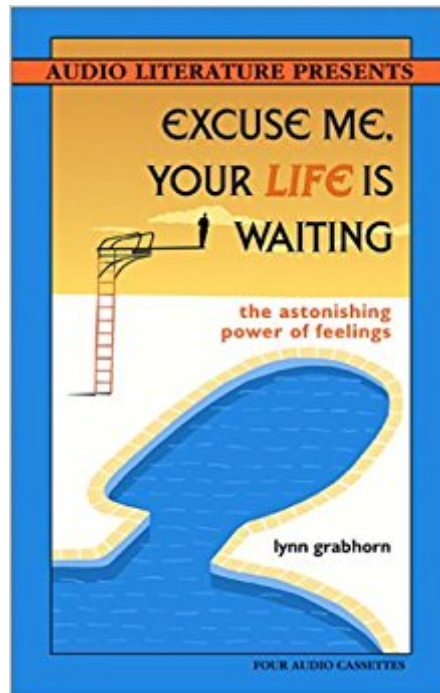


The book was found

Excuse Me, Your Life Is Waiting: The Astonishing Power Of Feelings



Synopsis

Here's a simple, four-step plan that works in every area of life: money, health, relationships, spirituality, and more. What if you could have everything you want by using just four simple, guaranteed steps? Step 1: Identify what you DON'T want. Step 2: From that, identify what you DO want. Step 3: Get into the feeling of what you want. Step 4: Expect, listen, and allow it to happen. Why does this plan work where so many others fail? Contrary to most self-help prescriptions, (a) it's uncomplicated, (b) it works fast, and (c) it's guaranteed. We create by feeling, NOT by thought!

Book Information

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Customer Reviews

I am a self help book addict! I bought this book a year ago..browsed it and put it back on my bookshelf. 3 months ago as I was digging for a book..it literally fell of the shelf and hit me on the head. Okay..I got the hint. I read it and could not put it down. I immediatly started practicing what Lynn writes..Instead of thinking positive thoughts..you have to "FEEL" the positive emotions behind the thoughts. Example : Thought : I want a new car. Feeling: Feel the feeling of driving the new car..the smell of the new car ..how you are soaring in good vibes as you start your engine of your new car..I think you get my drift. It sounds so easy..but by Gosh it works and within 2 weeks of reading her book, I had changes of prosperity in my life. I actually loaned the book to my sister a few months ago and want it BACK..I want to re-read it again and again.Great book, easy and fun reading.I am giving it 5 stars because the concept was easy to understand, she explains a very hard concept "feelings" and gives you the map/directions on how to start practicing immediatly.

The simple ideas presented in Lynn's book **WORK** and far more effectively than anything I have ever tried in the past! This is the **ONLY** book that I have ever bought extra copies of to gift family and friends with - everyone should read it because it clearly defines **Who and What we Truly Are** without judgement, rules, criticism, dogma, whatever. If you've read, practiced or studied anything regarding quantum physics, energy healing, Reiki, Creative Visualization, A Course in Miracles, Conversations with God, or any topic relating to Metaphysics, Manifesting Money, healing in all forms, self-discipline ... then this is the book for you! You'll go farther and faster than you ever have previously with much more appreciable joy and comfort in your Well-Beingness. We raised my daughter during her teen years with pretty much the same concepts, albeit less directly applied, and she is (at 19) already a superb Creator, manifesting a lifestyle that took my husband and I over two decades to produce! Applying Lynn's process simply **WORKS**. Don't you really (really!) want to live your life happily with everything clicking into place perfectly? You can! Buy Lynn's book and also check out the site, where Lynn's source teaching is derived from ... Feeling Good is our Birthright, so we might as well embrace it!

Lynn Grabhorn answers the age-old question, "What makes our lives turn out the way they do?" with a surprisingly simple answer... it's all in the way we **FEEEEEL!** We've been taught backwards -- we've learned to forcefully push forward like the Lone Ranger riding off at full gallop to get what we want in life. This lone ranger approach usually serves to exhaust us while making little headway into bringing the things we wish we had to us (such as good health, a loving home, fulfilling relationships, rewarding work, and money). "Yes, yes", you may reply, "That all sounds great, but I've tried similar things before, and never noticed a difference". You'll be glad to know that **EXCUSE ME, YOUR LIFE IS WAITING** is written just for you! It's packed with pointers for how to break through your own unique barriers to a life of well-being, as well as real-life examples of what a difference our feelings make based on Grabhorn's own fascinating life story. What makes Grabhorn's book so compelling is that she describes the tale of her own transformation. Grabhorn was once proficient at making things happen with hard work, perspiration, and ever-vigilant worry -- and has become a woman who starts out by feeling love and appreciation, and who has now become healthy and prosperous in every way. How fast can you expect to see results? Grabhorn outlines a 30 day program, by which she changed her own life from focusing on energy-draining feelings to flip-switching over to appreciate the good things in life. All we have to do is follow the four main steps: identify what we don't want, identify what we **DO** want, find the feeling place of our want, and expect the universe to deliver.

I have been feeling overwhelmed with life and just the other day on my lunch hour I walked into a neat little store across the street from my office and began a conversation with a lady behind the counter. I bought a couple of small items and we began to talk. One thing lead to another and she told me she had read a self help book which is the only self help book she will ever need. I was impressed since I have read many looking for answers. I asked her the name of the book and then asked her where I could buy it. She pointed to it on the shelf. I bought it and read in within 24 hours. The author has hit on a profound approach and that is we spend our time thinking about what we don't want rather than what we do want. This is so true because I have been doing that for years and I have been in what Lynn calls sameville. Especially in reference to relationships. I have spent too much time trying to change what I don't want but I have only been changing them in my mind. The physical change has not yet happened so I have resolved nothing. This book made me aware that I need to dream again and to enjoy what is good in my life and stop concentrating on those problem areas that are someone else's to fix. Lynn makes the process simply to understand but she doesn't minimize the work that will be necessary to make changes. Nor does she tell you this will be a quick fix. After reading the book I feel energized and want to get my life moving forward. I think this is the only book I will ever need to read but may have to read it over and over to remind myself that I am responsible for my happiness and am free to do what I want to make me happy.

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